



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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Team Laufpass

□□□: 15:52:51

□□: 190

□□: 10.58 km/h

□□□□: 5:38 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 107 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 82(of 122)

Männerstaffel

□□□□□□□: 10:58:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:14:01	5:17	51	17:47	65	17:47	14.00	1:14:01	5:17	51	17:47	65	17:47
Grenzwiese/Kleir	19.60	2:06:40	6:27	114	50:42	170	50:42	33.60	3:20:41	5:58	99	1:08:04	143	1:08:04
Neue Ausspanne	14.00	1:36:29	6:53	118	43:20	183	43:20	47.60	4:57:10	6:14	118	1:49:02	175	1:49:02
Grenzdler (Ober	13.70	1:15:01	5:28	60	23:09	78	23:09	61.30	6:12:11	6:04	109	2:08:01	153	2:08:01
Allzunah	19.90	1:44:49	5:16	81	36:45	113	36:45	81.20	7:57:00	5:52	103	2:41:53	144	2:41:53
Masserberg (Ren	17.90	1:43:33	5:47	85	35:13	122	35:13	99.10	9:40:33	5:51	99	3:11:04	141	3:11:04
Neuhaus (Rennst	19.90	1:46:56	5:22	57	29:58	78	29:58	119.00	11:27:29	5:46	95	3:36:30	131	3:36:30
Wanderhütte an	13.50	1:16:50	5:41	73	25:29	92	25:29	132.50	12:44:19	5:46	93	4:00:57	124	4:00:57
Brennersgrün	15.90	1:31:10	5:44	83	34:02	119	34:02	148.40	14:15:29	5:45	91	4:33:47	122	4:33:47
Blankenstein	20.30	1:37:22	4:47	45	23:19	61	1:37:22	168.97	15:52:51	5:38	82	4:54:17	107	4:54:17