



# 2. Staffellauf - Rund um Arnstadt

Arnstadt / 04.06.2023

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Angelhausen-Oberndorf

□□□: 5:46:20

□□: 2

□□: 10.57 km/h

□□□□: 5:37 min/km

□□: 61.70 km

Rund um Arnstadt

□□□□□: 10 (of 12)

□□□□□□: 4:43:51

□□□□:

□□□□□: 8(of 10)

Männerstaffel

□□□□□□□: 4:43:51

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Rudisleben	6.60	43:14	6:33	9	16:41	11	16:41	6.60	43:14	6:33	11	16:41	13	16:41
Marlishausen	7.80	40:50	5:14	6	12:24	7	12:24	14.40	1:24:04	5:50	11	29:05	13	29:05
Angelhausen	6.00	28:52	4:48	5	4:32	5	4:32	20.40	1:52:56	5:32	11	32:56	13	32:56
Roda	7.40	38:03	5:08	7	7:44	9	7:44	27.80	2:30:59	5:25	11	40:40	13	40:40
Neuroda	6.60	40:22	6:06	9	12:39	11	12:39	34.40	3:11:21	5:33	11	53:19	13	53:19
Reinsfeld	10.30	54:57	5:20	6	11:56	8	11:56	44.70	4:06:18	5:30	11	1:05:15	13	1:05:15
Dosdorf	9.00	52:16	5:48	9	14:27	10	14:27	53.70	4:58:34	5:33	11	1:19:26	13	1:19:26
Arnstadt Markt	8.00	47:46	5:58	9	12:48	11	12:48	61.70	5:46:20	5:36	8	1:02:29	10	1:02:29