



2. Staffellauf - Rund um Arnstadt

Arnstadt / 04.06.2023

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Stadt Arnstadt

□□□: 5:52:18

□□: 1

□□: 10.39 km/h

□□□□: 5:43 min/km

□□: 61.70 km

Rund um Arnstadt

□□□□□: 12 (of 12)

□□□□□□: 4:43:51

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□□□□□: 10(of 10)

Männerstaffel

□□□□□□□: 4:43:51

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Rudisleben	6.60	41:09	6:14	8	14:36	10	14:36	6.60	41:09	6:14	11	14:36	13	14:36
Marlishausen	7.80	46:28	5:57	9	18:02	11	18:02	14.40	1:27:37	6:05	11	32:38	13	32:38
Angelhausen	6.00	34:10	5:41	9	9:50	10	9:50	20.40	2:01:47	5:58	11	41:47	13	41:47
Roda	7.40	35:33	4:48	5	5:14	6	5:14	27.80	2:37:20	5:39	11	47:01	13	47:01
Neuroda	6.60	35:56	5:26	7	8:13	7	8:13	34.40	3:13:16	5:37	11	55:14	13	55:14
Reinsfeld	10.30	57:34	5:35	7	14:33	9	14:33	44.70	4:10:50	5:36	11	1:09:47	13	1:09:47
Dosdorf	9.00	56:30	6:16	10	18:41	11	18:41	53.70	5:07:20	5:43	11	1:28:12	13	1:28:12
Arnstadt Markt	8.00	44:58	5:37	7	10:00	8	10:00	61.70	5:52:18	5:42	10	1:08:27	12	1:08:27