



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

0000

Marcus Lehmann

00: the Schogettes

00: 122

00: 100.00 km

100 Kilometer

0000:

Senioren M40 (40-44)

000: 12:33:51

00: 7.96 km/h

0000: 7:32 min/km

00000/000: 47 (of 153)

00000/0: 40 (of 118)

000000: 8:41:00

00000: 6(of 11)

0000000: 9:33:13

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	3:17:12	7:18	6	48:04	60	1:05:23	27.00	3:17:12	7:18	6	48:04	60	1:05:23
Floh-Seligenthal	27.00	3:14:50	7:12	6	42:58	42	57:18	54.00	6:32:02	7:15	6	1:29:40	51	2:02:41
Finsterbergen	22.00	2:56:42	8:01	6	43:40	34	55:31	76.00	9:28:44	7:29	6	2:13:20	43	2:58:12
Fröttstädt	24.00	3:05:07	7:42	6	48:08	39	3:05:07	100.00	12:33:51	7:32	6	3:00:38	40	3:52:51