



15. Thüringen ULTRA  
Fröttstädt / 30.06.2023-01.07.2023

□□□□

Alexander Hundt

□□: 115

□□: 100.00 km  
100 Kilometer

□□□□:  
Senioren M40 (40-44)

□□□: 12:44:29

□□: 7.85 km/h  
□□□□: 7:38 min/km

□□□□□/□□□: 56 (of 153)

□□□□□/□: 47 (of 118)

□□□□□□: 8:41:00

□□□□□: 7(of 11)

□□□□□□□: 9:33:13

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Glasbachwiese	27.00	3:17:15	7:18	7	48:07	61	1:05:26	27.00	3:17:15	7:18	7	48:07	61	1:05:26
Floh-Seligenthal	27.00	3:21:18	7:27	7	49:26	56	1:03:46	54.00	6:38:33	7:22	7	1:36:11	57	2:09:12
Finsterbergen	22.00	3:08:24	8:33	7	55:22	50	1:07:13	76.00	9:46:57	7:43	7	2:31:33	54	3:16:25
Fröttstädt	24.00	2:57:32	7:23	5	40:33	32	2:57:32	100.00	12:44:29	7:38	7	3:11:16	47	4:03:29