



15. Thüringen ULTRA  
Fröttstädt / 30.06.2023-01.07.2023

0000

Rui Figueiredo

000: 12:00:08

00: 49

00: 8.33 km/h

0000: 7:12 min/km

00: 100.00 km

00000/000: 31 (of 153)

100 Kilometer

00000/0: 28 (of 118)

000000: 8:41:00

0000:

00000: 10(of 19)

Senioren M45 (45-49)

0000000: 8:41:00

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	3:07:23	6:56	10	55:34	39	55:34	27.00	3:07:23	6:56	10	55:34	39	55:34	
Floh-Seligenthal	27.00	2:53:16	6:25	6	35:44	18	35:44	54.00	6:00:39	6:40	7	1:31:18	26	1:31:18	
Finsterbergen	22.00	2:54:57	7:57	10	53:46	31	53:46	76.00	8:55:36	7:02	7	2:25:04	27	2:25:04	
Fröttstädt	24.00	3:04:32	7:41	12	57:51	38	3:04:32	100.00	12:00:08	7:12	10	3:19:08	28	3:19:08	