



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

□□□□

Guido Hildebrandt

□□: SSV FSG Eisenberg

□□: 70

□□: 100.00 km

100 Kilometer

□□□□:

Senioren M45 (45-49)

□□□: 13:07:53

□□: 7.62 km/h

□□□□: 7:52 min/km

□□□□□/□□□: 67 (of 153)

□□□□□/□: 55 (of 118)

□□□□□□: 8:41:00

□□□□□: 13(of 19)

□□□□□□□: 8:41:00

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Glasbachwiese	27.00	3:22:54	7:30	16	1:11:05	69	1:11:05	27.00	3:22:54	7:30	16	1:11:05	69	1:11:05
Floh-Seligenthal	27.00	3:23:37	7:32	15	1:06:05	61	1:06:05	54.00	6:46:31	7:31	15	2:17:10	64	2:17:10
Finsterbergen	22.00	3:09:42	8:37	13	1:08:31	54	1:08:31	76.00	9:56:13	7:50	14	3:25:41	59	3:25:41
Fröttstädt	24.00	3:11:40	7:59	13	1:04:59	45	3:11:40	100.00	13:07:53	7:52	13	4:26:53	55	4:26:53