



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

0000

Torsten Heß

00: LG Rippershausen

00: 112

00: 100.00 km

100 Kilometer

0000:

Senioren M50 (50-54)

000: 11:13:12

00: 8.91 km/h

0000: 6:43 min/km

00000/000: 20 (of 153)

00000/0: 18 (of 118)

000000: 8:41:00

00000: 5(of 22)

0000000: 10:10:52

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	2:51:05	6:20	8	15:04	25	39:16	27.00	2:51:05	6:20	8	15:04	25	39:16	
Floh-Seligenthal	27.00	2:51:57	6:22	5	19:49	16	34:25	54.00	5:43:02	6:21	5	34:53	18	1:13:41	
Finsterbergen	22.00	2:43:54	7:27	5	19:10	21	42:43	76.00	8:26:56	6:40	6	54:03	19	1:56:24	
Fröttstädt	24.00	2:46:16	6:55	4	16:48	19	2:46:16	100.00	11:13:12	6:43	5	1:02:20	18	2:32:12	