



# 15. Thüringen ULTRA

Fröttstädt / 30.06.2023-01.07.2023

0000

**Gunnar Zab**

00: LF Trills 09 - Protect the Planet  
00: 132

00: 100.00 km  
100 Kilometer

0000:  
Senioren M50 (50-54)

000: 13:55:00

00: 7.19 km/h  
0000: 8:20 min/km

00000/000: 92 (of 153)

00000/0: 72 (of 118)

000000: 8:41:00

00000: 16(of 22)

0000000: 10:10:52

0000

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000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	3:31:29	7:49	17	55:28	80	1:19:40	27.00	3:31:29	7:49	17	55:28	80	1:19:40
Floh-Seligenthal	27.00	3:43:00	8:15	17	1:10:52	84	1:25:28	54.00	7:14:29	8:02	17	2:06:20	88	2:45:08
Finsterbergen	22.00	3:23:10	9:14	15	58:26	72	1:21:59	76.00	10:37:39	8:23	17	3:04:46	79	4:07:07
Fröttstädt	24.00	3:17:21	8:13	13	47:53	55	3:17:21	100.00	13:55:00	8:20	16	3:44:08	72	5:14:00