



15. Thüringen ULTRA  
Fröttstädt / 30.06.2023-01.07.2023

0000

Mike Wingerning

000: 14:20:02

00: 143

00: 6.98 km/h

0000: 8:36 min/km

00: 100.00 km

00000/000: 105 (of 153)

100 Kilometer

00000/0: 83 (of 118)

000000: 8:41:00

0000:

00000: 17(of 22)

Senioren M50 (50-54)

0000000: 10:10:52

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	3:18:03	7:20	14	42:02	65	1:06:14	27.00	3:18:03	7:20	14	42:02	65	1:06:14
Floh-Seligenthal	27.00	3:28:07	7:42	15	55:59	71	1:10:35	54.00	6:46:10	7:31	14	1:38:01	62	2:16:49
Finsterbergen	22.00	3:32:40	9:39	17	1:07:56	79	1:31:29	76.00	10:18:50	8:08	16	2:45:57	72	3:48:18
Fröttstädt	24.00	4:01:12	10:02	18	1:31:44	95	4:01:12	100.00	14:20:02	8:36	17	4:09:10	83	5:39:02