



Matthias Giez

□□: 162

□□: 100.00 km
100 Kilometer

Senioren M55 (55-59)

□□□: 11:50:22

□□: 8.45 km/h

□□□□: 7:06 min/km

_____: 25 (of 153)

_______: 23 (of 118)

[][][]: 8:41:00

| (of 17)

	km		min/km	-	-			km		min/km	-	-		
Glasbachwiese	27.00	3:05:16	6:51	5	7:37	36	53:27	27.00	3:05:16	6:51	5	7:37	36	53:27
Floh-Seligenthal	27.00	3:06:12	6:53	2	5:05	33	48:40	54.00	6:11:28	6:52	1	-	31	1:42:07
Finsterbergen	22.00	2:43:37	7:26	1	-	20	42:26	76.00	8:55:05	7:02	1	-	26	2:24:33
Fröttstädt	24.00	2:55:17	7:18	2	2:30	27	2:55:17	100.00	11:50:22	7:06	1	-	23	3:09:22

Timing by SPORTident

timing.sportident.com