



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

□□□□

Andreas Giersberg

□□: FunVorRun Witten

□□: 59

□□: 100.00 km

100 Kilometer

□□□□:

Senioren M55 (55-59)

□□□: 12:35:21

□□: 7.94 km/h

□□□□: 7:33 min/km

□□□□□/□□□: 49 (of 153)

□□□□□/□: 41 (of 118)

□□□□□□: 8:41:00

□□□□□: 4(of 17)

□□□□□□□: 11:50:22

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Glasbachwiese	27.00	3:07:47	6:57	6	10:08	40	55:58	27.00	3:07:47	6:57	6	10:08	40	55:58
Floh-Seligenthal	27.00	3:18:01	7:20	6	16:54	46	1:00:29	54.00	6:25:48	7:08	6	14:20	44	1:56:27
Finsterbergen	22.00	3:01:25	8:14	4	17:48	41	1:00:14	76.00	9:27:13	7:27	4	32:08	41	2:56:41
Fröttstädt	24.00	3:08:08	7:50	4	15:21	42	3:08:08	100.00	12:35:21	7:33	4	44:59	41	3:54:21