



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

0000

Steffen Kummer

00: Ritter Sport Freunde

00: 157

00: 100.00 km

100 Kilometer

0000:

Senioren M55 (55-59)

000: 13:24:25

00: 7.46 km/h

0000: 8:02 min/km

00000/000: 76 (of 153)

00000/0: 62 (of 118)

000000: 8:41:00

00000: 9(of 17)

0000000: 11:50:22

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	3:13:58	7:11	8	16:19	51	1:02:09	27.00	3:13:58	7:11	8	16:19	51	1:02:09
Floh-Seligenthal	27.00	3:20:20	7:25	7	19:13	54	1:02:48	54.00	6:34:18	7:18	8	22:50	55	2:04:57
Finsterbergen	22.00	3:19:01	9:02	9	35:24	67	1:17:50	76.00	9:53:19	7:48	8	58:14	56	3:22:47
Fröttstädt	24.00	3:31:06	8:47	11	38:19	76	3:31:06	100.00	13:24:25	8:02	9	1:34:03	62	4:43:25