



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

0000

Detlev Förkel

00: HSV Weimar
00: 159

00: 100.00 km
100 Kilometer

0000:
Senioren M55 (55-59)

000: 16:29:49

00: 6.06 km/h
0000: 9:53 min/km

00000/000: 131 (of 153)

00000/0: 99 (of 118)

000000: 8:41:00

00000: 14(of 17)

0000000: 11:50:22

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	3:29:56	7:46	11	32:17	77	1:18:07	27.00	3:29:56	7:46	11	32:17	77	1:18:07
Floh-Seligenthal	27.00	4:36:49	10:15	17	1:35:42	108	2:19:17	54.00	8:06:45	9:00	15	1:55:17	104	3:37:24
Finsterbergen	22.00	4:15:19	11:36	15	1:31:42	105	2:14:08	76.00	12:22:04	9:45	14	3:26:59	102	5:51:32
Fröttstädt	24.00	4:07:45	10:19	15	1:14:58	97	4:07:45	100.00	16:29:49	9:53	14	4:39:27	99	7:48:49