



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

0000

Volker Ehrlich

00: Impuls Erfurt

00: 72

00: 100.00 km

100 Kilometer

0000:

Senioren M60 (60-64)

0000: 12:50:42

00: 7.79 km/h

0000: 7:42 min/km

00000/0000: 58 (of 153)

00000/0: 49 (of 118)

000000: 8:41:00

00000: 6(of 18)

0000000: 10:51:11

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000	000	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	3:08:27	6:58	5	20:49	42	56:38	27.00	3:08:27	6:58	5	20:49	42	56:38
Floh-Seligenthal	27.00	3:11:32	7:05	4	21:11	39	54:00	54.00	6:19:59	7:02	5	40:01	40	1:50:38
Finsterbergen	22.00	3:14:38	8:50	9	36:35	60	1:13:27	76.00	9:34:37	7:33	5	1:16:09	48	3:04:05
Fröttstädt	24.00	3:16:05	8:10	7	43:22	53	3:16:05	100.00	12:50:42	7:42	6	1:59:31	49	4:09:42