



15. Thüringen ULTRA

Fröttstädt / 30.06.2023-01.07.2023

0000

Norbert Gottschlich

00: room AG

00: 88

00: 100.00 km

100 Kilometer

0000:

Senioren M60 (60-64)

000: 13:16:38

00: 7.53 km/h

0000: 7:57 min/km

00000/000: 70 (of 153)

00000/0: 58 (of 118)

000000: 8:41:00

00000: 7(of 18)

0000000: 10:51:11

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	3:09:11	7:00	6	21:33	46	57:22	27.00	3:09:11	7:00	6	21:33	46	57:22
Floh-Seligenthal	27.00	3:28:39	7:43	12	38:18	74	1:11:07	54.00	6:37:50	7:22	6	57:52	56	2:08:29
Finsterbergen	22.00	3:13:21	8:47	8	35:18	57	1:12:10	76.00	9:51:11	7:46	7	1:32:43	55	3:20:39
Fröttstädt	24.00	3:25:27	8:33	11	52:44	69	3:25:27	100.00	13:16:38	7:57	7	2:25:27	58	4:35:38