



15. Thüringen ULTRA  
Fröttstädt / 30.06.2023-01.07.2023

0000

Ralph Dietz

00: DUV

00: 119

00: 100.00 km

100 Kilometer

0000:

Senioren M60 (60-64)

000: 15:35:55

00: 6.41 km/h

0000: 9:21 min/km

00000/000: 124 (of 153)

00000/0: 95 (of 118)

000000: 8:41:00

00000: 16(of 18)

0000000: 10:51:11

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	3:32:34	7:52	11	44:56	85	1:20:45	27.00	3:32:34	7:52	11	44:56	85	1:20:45
Floh-Seligenthal	27.00	3:59:29	8:52	14	1:09:08	93	1:41:57	54.00	7:32:03	8:22	15	1:52:05	96	3:02:42
Finsterbergen	22.00	3:45:11	10:14	15	1:07:08	91	1:44:00	76.00	11:17:14	8:54	14	2:58:46	91	4:46:42
Fröttstädt	24.00	4:18:41	10:46	17	1:45:58	100	4:18:41	100.00	15:35:55	9:21	16	4:44:44	95	6:54:55