



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

0000

Werner Hanke

00: DFUV

00: 151

00: 100.00 km

100 Kilometer

0000:

Senioren M70 (70-74)

0000: 17:22:00

00: 5.76 km/h

0000: 10:25 min/km

00000/0000: 140 (of 153)

00000/0: 108 (of 118)

000000: 8:41:00

00000: 4(of 5)

0000000: 16:03:00

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000	000	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	4:18:25	9:34	4	43:35	111	2:06:36	27.00	4:18:25	9:34	4	43:35	111	2:06:36
Floh-Seligenthal	27.00	4:31:48	10:03	3	38:38	107	2:14:16	54.00	8:50:13	9:49	3	1:22:13	111	4:20:52
Finsterbergen	22.00	4:11:26	11:25	4	15:00	101	2:10:15	76.00	13:01:39	10:17	3	1:25:45	107	6:31:07
Fröttstädt	24.00	4:20:21	10:50	2	23:19	102	4:20:21	100.00	17:22:00	10:25	4	1:19:00	108	8:41:00