



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

0000

Nicole Schaub

00: Ohrdruf

00: 135

00: 100.00 km

100 Kilometer

0000:

Seniorinnen W50 (50-54)

0000: 14:12:45

00: 7.04 km/h

0000: 8:31 min/km

00000/0000: 99 (of 153)

00000/0: 22 (of 35)

000000: 10:52:44

00000: 6(of 14)

0000000: 12:39:45

0000

0000

000

| 000 | 00 km | 00 00 | 00 min/km | 00 - | 00 - | 00 0 | 00 0 | 000 | 000 | 000 | 00 - | 00 - | 00 0 | 00 0 |
|------------------|----------|----------|--------------|---------|---------|---------|---------|--------|----------|------|---------|---------|---------|---------|
| Glasbachwiese | 27.00 | 3:46:15 | 8:22 | 9 | 32:31 | 27 | 55:10 | 27.00 | 3:46:15 | 8:22 | 9 | 32:31 | 27 | 55:10 |
| Floh-Seligenthal | 27.00 | 3:45:16 | 8:20 | 6 | 29:26 | 21 | 49:31 | 54.00 | 7:31:31 | 8:21 | 6 | 1:01:41 | 23 | 1:44:41 |
| Finsterbergen | 22.00 | 3:24:52 | 9:18 | 6 | 23:13 | 19 | 48:26 | 76.00 | 10:56:23 | 8:38 | 6 | 1:24:54 | 23 | 2:33:07 |
| Fröttstädt | 24.00 | 3:16:22 | 8:10 | 4 | 8:06 | 17 | 3:16:22 | 100.00 | 14:12:45 | 8:31 | 6 | 1:33:00 | 22 | 3:20:01 |