



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

0000

Rocco Scholz

00: Crazy Runners Team Frankenwald
00: 1040

00: 160.00 km
100 Meilen

0000:
Senioren M45 (45-49) M

000: 23:20:39

00: 6.85 km/h
0000: 8:45 min/km

00000/000: 23 (of 70)

00000/0: 22 (of 63)

000000: 17:03:47

00000: 4(of 7)

0000000: 18:56:06

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Hörselberg	42.00	4:46:28	6:49	4	19:51	21	1:10:53	42.00	4:46:28	6:49	4	19:51	21	1:10:53
Sondra	28.00	4:18:49	9:14	4	37:38	23	58:14	70.00	9:05:17	7:47	4	57:29	22	2:07:42
Glasbachwiese	17.00	2:49:23	9:57	4	37:59	27	50:58	87.00	11:54:40	8:12	4	1:35:28	25	2:45:22
Floh-Seligenthal	27.00	3:53:20	8:38	4	52:22	25	1:08:18	114.00	15:48:00	8:18	4	2:27:50	22	3:38:23
Finsterbergen	24.00	3:41:12	9:13	2	51:02	22	1:19:31	138.00	19:29:12	8:28	4	3:18:52	22	4:42:47
Fröttstädt	22.00	3:51:27	10:31	2	1:05:41	31	3:51:27	160.00	23:20:39	8:45	4	4:24:33	22	6:16:52