



15. Thüringen ULTRA  
Fröttstädt / 30.06.2023-01.07.2023

□□□□

Marita Wahl

□□: 53

□□: 100.00 km  
100 Kilometer

□□□□:  
Seniorinnen W50 (50-54)

□□□: 14:50:42

□□: 6.74 km/h  
□□□□: 8:54 min/km

□□□□□/□□□□: 115 (of 153)

□□□□□/□: 25 (of 35)

□□□□□□: 10:52:44

□□□□□: 9(of 14)

□□□□□□□: 12:39:45

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□□□□

□□□

| □□□              | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□    | □□□      | □□□  | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|------------------|----------|----------|--------------|---------|---------|---------|---------|--------|----------|------|---------|---------|---------|---------|
| Glasbachwiese    | 27.00    | 3:42:27  | 8:14         | 7       | 28:43   | 25      | 51:22   | 27.00  | 3:42:27  | 8:14 | 7       | 28:43   | 25      | 51:22   |
| Floh-Seligenthal | 27.00    | 3:57:31  | 8:47         | 8       | 41:41   | 25      | 1:01:46 | 54.00  | 7:39:58  | 8:31 | 8       | 1:10:08 | 25      | 1:53:08 |
| Finsterbergen    | 22.00    | 3:30:10  | 9:33         | 8       | 28:31   | 22      | 53:44   | 76.00  | 11:10:08 | 8:49 | 8       | 1:38:39 | 25      | 2:46:52 |
| Fröttstädt       | 24.00    | 3:40:34  | 9:11         | 9       | 32:18   | 28      | 3:40:34 | 100.00 | 14:50:42 | 8:54 | 9       | 2:10:57 | 25      | 3:57:58 |