



15. Thüringen ULTRA

Fröttstädt / 30.06.2023-01.07.2023

□□□□

Martin Weiß

□□: Triathletenschmiede Werratal

□□: 1029

□□: 160.00 km

100 Meilen

□□□□:

Senioren M45 (45-49) M

□□□□□/□□□: DNF (of 70)

□□□□□/□: DNF (of 63)

□□□□□□: 17:03:47

□□□□□: DNF(of 7)

□□□□□□□: 18:56:06

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□□□□

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Hörselberg	42.00	5:46:09	8:14	6	1:19:32	42	2:10:34	42.00	5:46:09	8:14	6	1:19:32	42	2:10:34
Sondra	28.00	5:11:46	11:08	6	1:30:35	40	1:51:11	70.00	10:57:55	9:23	6	2:50:07	42	4:00:20
Glasbachwiese	17.00	3:12:46	11:20	6	1:01:22	42	1:14:21	87.00	14:10:41	9:46	6	3:51:29	41	5:01:23
Floh-Seligenthal	27.00	5:07:02	11:22	6	2:06:04	52	2:22:00	114.00	19:17:43	10:09	6	5:57:33	46	7:08:06
Finsterbergen	24.00	fehlt!	-	-	-	-	-	138.00	-	-	-	-	-	-
Fröttstädt	22.00	-	-	6		54	-	160.00	-	-	-	-	-	-