



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

0000

Peter Flock

00: Lauffeuer Fröttstädt e.V.

00: 1001

00: 160.00 km

100 Meilen

0000:

Senioren M50 (50-54) M

000: 23:51:38

00: 6.71 km/h

0000: 8:56 min/km

00000/000: 28 (of 70)

00000/0: 26 (of 63)

000000: 17:03:47

00000: 6(of 14)

0000000: 20:16:29

0000

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Hörselberg	42.00	4:38:58	6:38	5	34:10	18	1:03:23	42.00	4:38:58	6:38	5	34:10	18	1:03:23	
Sondra	28.00	4:23:57	9:25	6	36:45	25	1:03:22	70.00	9:02:55	7:45	4	50:42	21	2:05:20	
Glasbachwiese	17.00	2:40:05	9:25	3	17:43	20	41:40	87.00	11:43:00	8:04	5	1:37:25	22	2:33:42	
Floh-Seligenthal	27.00	4:15:55	9:28	9	1:04:09	34	1:30:53	114.00	15:58:55	8:24	7	2:41:34	26	3:49:18	
Finsterbergen	24.00	3:50:09	9:35	8	34:34	31	1:28:28	138.00	19:49:04	8:36	5	3:16:08	24	5:02:39	
Fröttstädt	22.00	4:02:34	11:01	9	4:02:34	34	4:02:34	160.00	23:51:38	8:56	6	3:35:09	26	6:47:51	