



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

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Peter Martin

□□: FC St. Pauli Marathon/100MC
□□: 1017

□□: 160.00 km
100 Meilen

□□□□:
Senioren M55 (55-59) M

□□□: 24:52:02

□□: 6.43 km/h
□□□□: 9:19 min/km

□□□□□/□□□: 39 (of 70)

□□□□□/□: 35 (of 63)

□□□□□□: 17:03:47

□□□□□: 2(of 9)

□□□□□□□: 20:21:43

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Hörselberg	42.00	5:25:22	7:44	3	1:07:15	40	1:49:47	42.00	5:25:22	7:44	3	1:07:15	40	1:49:47
Sondra	28.00	4:40:41	10:01	2	1:02:17	33	1:20:06	70.00	10:06:03	8:39	2	2:09:32	36	3:08:28
Glasbachwiese	17.00	2:53:07	10:11	2	30:20	31	54:42	87.00	12:59:10	8:57	2	2:39:52	36	3:49:52
Floh-Seligenthal	27.00	4:17:12	9:31	3	49:33	35	1:32:10	114.00	17:16:22	9:05	2	3:29:25	34	5:06:45
Finsterbergen	24.00	3:47:38	9:29	2	40:08	26	1:25:57	138.00	21:04:00	9:09	2	4:09:33	35	6:17:35
Fröttstädt	22.00	3:48:02	10:21	3	3:48:02	29	3:48:02	160.00	24:52:02	9:19	2	4:30:19	35	7:48:15