



15. Thüringen ULTRA

Fröttstädt / 30.06.2023-01.07.2023

□□□□

Burkhard Lachmann

□□: Radclub Wehretal
 □□: 1042

□□: 160.00 km
 100 Meilen

□□□□:
 Senioren M60 (60-64) M

□□□: 27:17:16

□□: 5.86 km/h
 □□□□: 10:13 min/km

□□□□□/□□□: 45 (of 70)

□□□□□/□: 41 (of 63)

□□□□□□: 17:03:47

□□□□□: 6(of 13)

□□□□□□□: 23:49:16

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Hörselberg	42.00	5:49:40	8:19	6	1:01:33	47	2:14:05	42.00	5:49:40	8:19	6	1:01:33	47	2:14:05
Sondra	28.00	5:17:46	11:20	7	52:06	44	1:57:11	70.00	11:07:26	9:32	7	1:53:39	45	4:09:51
Glasbachwiese	17.00	3:17:09	11:35	8	29:01	48	1:18:44	87.00	14:24:35	9:56	7	2:22:40	45	5:15:17
Floh-Seligenthal	27.00	4:27:51	9:55	7	22:15	44	1:42:49	114.00	18:52:26	9:56	6	2:44:55	43	6:42:49
Finsterbergen	24.00	4:06:24	10:16	6	23:05	39	1:44:43	138.00	22:58:50	9:59	6	3:08:00	42	8:12:25
Fröttstädt	22.00	4:18:26	11:44	6	56:43	41	4:18:26	160.00	27:17:16	10:13	6	3:28:00	41	10:13:29