



15. Thüringen ULTRA  
Fröttstädt / 30.06.2023-01.07.2023

0000

Fabrice Spieker

00: ASICS FRONTRUNNER GERMANY  
00: 149

00: 100.00 km  
100 Kilometer

0000:  
Senioren M30 (30-34)

000: 12:24:38

00: 8.06 km/h  
0000: 7:26 min/km

00000/000: 43 (of 153)

00000/0: 37 (of 118)

000000: 8:41:00

00000: 2(of 7)

0000000: 11:36:38

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000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
Glasbachwiese	27.00	2:46:42	6:10	2	10:22	18	34:53	27.00	2:46:42	6:10	2	10:22	18	34:53
Floh-Seligenthal	27.00	3:02:01	6:44	3	3:35	28	44:29	54.00	5:48:43	6:27	2	13:57	23	1:19:22
Finsterbergen	22.00	3:16:16	8:55	4	36:25	65	1:15:05	76.00	9:04:59	7:10	3	28:17	30	2:34:27
Fröttstädt	24.00	3:19:39	8:19	4	3:19:39	63	3:19:39	100.00	12:24:38	7:26	2	48:00	37	3:43:38