



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

0000

Wardon

000: 3:57:54

00: 49

00: 10.59 km/h

0000: 5:38 min/km

00: 42.20 km

Staffel

00000: 11 (of 13)

000000: 3:21:10

0000:

00000: 5(of 5)

Männerstaffel

0000000: 3:23:39

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Ifta	11.70	1:17:34	6:37	5	22:21	13	22:21	11.70	1:17:34	6:37	5	22:21	13	22:21
Buchenau	11.80	58:17	4:56	3	3:01	5	6:35	23.50	2:15:51	5:46	5	24:10	12	28:42
Frankenroda	9.40	51:24	5:28	4	6:15	6	7:29	32.90	3:07:15	5:41	5	30:25	11	36:11
Treffurt	9.30	50:39	5:26	4	3:50	9	5:26	42.20	3:57:54	5:38	5	34:15	11	36:44