



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

0000

Haribo Colorado

000: 4:03:33

00: 46

00: 10.40 km/h

0000: 5:46 min/km

00: 42.20 km

Staffel

00000: 12 (of 13)

000000: 3:21:10

0000:

00000: 5(of 6)

Mixstaffel

0000000: 3:21:10

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Ifta	11.70	1:12:22	6:11	6	16:55	12	17:09	11.70	1:12:22	6:11	6	16:55	12	17:09
Buchenau	11.80	58:10	4:55	2	6:28	4	6:28	23.50	2:10:32	5:33	5	23:23	10	23:23
Frankenroda	9.40	1:02:10	6:36	6	18:15	13	18:15	32.90	3:12:42	5:51	5	41:38	12	41:38
Treffurt	9.30	50:51	5:28	4	3:51	10	5:38	42.20	4:03:33	5:46	5	42:23	12	42:23