



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

0000

Die Kilometer-Zerspaner

000: 3:41:50

00: 53

00: 11.36 km/h

0000: 5:16 min/km

00: 42.20 km

Staffel

00000: 5 (of 13)

000000: 3:21:10

0000:

00000: 4(of 5)

Männerstaffel

0000000: 3:23:39

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	000	000	km	00	min/km	-	-	000	000
Ifta	11.70	1:03:41	5:26	4	8:28	8	8:28	11.70	1:03:41	5:26	4	8:28	8	8:28
Buchenau	11.80	1:03:03	5:20	5	7:47	11	11:21	23.50	2:06:44	5:23	4	15:03	9	19:35
Frankenroda	9.40	47:25	5:02	2	2:16	3	3:30	32.90	2:54:09	5:17	4	17:19	6	23:05
Treffurt	9.30	47:41	5:07	2	0:52	5	2:28	42.20	3:41:50	5:15	4	18:11	5	20:40