



# 4. Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

0000

Wiemers, Michaela

00: Erdinger Active Team

00: 663

00: 42.20 km

Marathon

0000:

Seniorinnen W40 (40-44 Jahre)

000: 4:51:29

00: 8.69 km/h

0000: 6:55 min/km

00000/000: 48 (of 63)

00000/0: 10 (of 11)

000000: 3:18:09

00000: 3(of 4)

0000000: 3:21:48

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Ifta	11.70	1:19:32	6:47	4	23:25	11	23:41	11.70	1:19:32	6:47	4	23:25	11	23:41
Buchenau	11.80	1:17:43	6:35	4	23:39	11	23:39	23.50	2:37:15	6:41	4	47:04	11	47:04
Frankenroda	9.40	1:08:28	7:17	4	22:47	11	23:35	32.90	3:45:43	6:51	4	1:09:51	11	1:09:51
Treffurt	9.30	1:05:46	7:04	3	19:50	10	23:48	42.20	4:51:29	6:54	3	1:29:41	10	1:33:20