



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

0000

Drews, Heiko

000: 4:59:09

00: Wardon

00: 8.42 km/h

00: 609

0000: 7:05 min/km

00: 42.20 km

00000/000: 51 (of 63)

Marathon

00000/0: 41 (of 52)

000000: 3:03:52

0000:

00000: 7(of 10)

Senioren M50 (50-54 Jahre)

0000000: 3:35:00

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Ifta	11.70	1:12:37	6:12	7	14:08	38	21:10	11.70	1:12:37	6:12	7	14:08	38	21:10
Buchenau	11.80	1:18:41	6:40	8	21:43	41	28:15	23.50	2:31:18	6:26	7	35:51	40	49:25
Frankenroda	9.40	1:19:49	8:29	9	31:27	45	39:06	32.90	3:51:07	7:01	9	1:05:52	43	1:28:31
Treffurt	9.30	1:08:02	7:18	7	19:51	38	26:46	42.20	4:59:09	7:05	7	1:24:09	41	1:55:17