



# 4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

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Möller, Thomas

00: M&H Rennsteigteam

00: 637

00: 42.20 km

Marathon

0000:

Senioren M55 (55-59 Jahre)

000: 5:19:08

00: 7.93 km/h

0000: 7:34 min/km

00000/000: 55 (of 63)

00000/0: 45 (of 52)

000000: 3:03:52

00000: 5(of 7)

0000000: 3:57:00

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Ifta	11.70	1:15:57	6:29	4	14:13	42	24:30	11.70	1:15:57	6:29	4	14:13	42	24:30
Buchenau	11.80	1:26:05	7:17	5	26:09	48	35:39	23.50	2:42:02	6:53	4	40:22	47	1:00:09
Frankenroda	9.40	1:16:19	8:07	5	21:53	44	35:36	32.90	3:58:21	7:14	4	1:02:15	44	1:35:45
Treffurt	9.30	1:20:47	8:41	6	24:51	46	39:31	42.20	5:19:08	7:33	5	1:22:08	45	2:15:16