



# 4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

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Krause, Joachim

00: Erdinger Active Team

00: 666

00: 42.20 km

Marathon

0000:

Senioren M55 (55-59 Jahre)

000: 5:30:32

00: 7.62 km/h

0000: 7:50 min/km

00000/000: 57 (of 63)

00000/0: 47 (of 52)

000000: 3:03:52

00000: 6(of 7)

0000000: 3:57:00

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Ifta	11.70	1:27:20	7:27	7	25:36	52	35:53	11.70	1:27:20	7:27	7	25:36	52	35:53
Buchenau	11.80	1:28:26	7:29	6	28:30	50	38:00	23.50	2:55:46	7:28	7	54:06	51	1:13:53
Frankenroda	9.40	1:20:34	8:34	6	26:08	46	39:51	32.90	4:16:20	7:47	6	1:20:14	48	1:53:44
Treffurt	9.30	1:14:12	7:58	4	18:16	43	32:56	42.20	5:30:32	7:49	6	1:33:32	47	2:26:40