



# 4. Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

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Mincheva, Aleksandra

000: 3:18:09

00: Rudolstadt

00: 12.78 km/h

00: 636

0000: 4:42 min/km

00: 42.20 km

00000/000: 3 (of 63)

Marathon

00000/0: 1 (of 11)

000000: 3:18:09

0000:

00000: 1(of 2)

Frauen (20-29 Jahre)

0000000: 3:18:09

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| 000         | 00    | 00    | 00     | 00 | 00 | 00 | 00   | 000   | 000     | 000    | 00 | 00 | 00 | 00   |
|-------------|-------|-------|--------|----|----|----|------|-------|---------|--------|----|----|----|------|
|             | km    | 00    | min/km | -  | -  | 0  | 0    | km    | 00      | min/km | -  | -  | 0  | 0    |
| Ifta        | 11.70 | 55:51 | 4:46   | 1  | -  | 1  | -    | 11.70 | 55:51   | 4:46   | 1  | -  | 1  | -    |
| Buchenau    | 11.80 | 55:27 | 4:41   | 1  | -  | 2  | 1:23 | 23.50 | 1:51:18 | 4:44   | 1  | -  | 2  | 1:07 |
| Frankenroda | 9.40  | 44:53 | 4:46   | 1  | -  | 1  | -    | 32.90 | 2:36:11 | 4:44   | 1  | -  | 2  | 0:19 |
| Treffurt    | 9.30  | 41:58 | 4:30   | 1  | -  | 1  | -    | 42.20 | 3:18:09 | 4:41   | 1  | -  | 1  | -    |