



# 4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

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Schmidt, Alex

000: 3:39:37

00: LT EMMERSHAUSEN

00: 11.47 km/h

00: 647

0000: 5:12 min/km

00: 42.20 km

00000/000: 10 (of 63)

Marathon

00000/0: 8 (of 52)

000000: 3:03:52

0000:

00000: 1(of 8)

Senioren M40 (40-44 Jahre)

0000000: 3:39:37

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Ifta	11.70	1:03:15	5:24	1	-	12	11:48	11.70	1:03:15	5:24	1	-	12	11:48
Buchenau	11.80	1:00:31	5:07	1	-	10	10:05	23.50	2:03:46	5:15	1	-	12	21:53
Frankenroda	9.40	47:54	5:05	2	0:43	7	7:11	32.90	2:51:40	5:13	1	-	8	29:04
Treffurt	9.30	47:57	5:09	2	3:18	5	6:41	42.20	3:39:37	5:12	1	-	8	35:45