



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

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Großmann, Michael

000: 3:46:27

00: SpVgg Faulungen 21 e.V.

00: 11.18 km/h

00: 618

0000: 5:22 min/km

00: 42.20 km

00000/000: 13 (of 63)

Marathon

00000/0: 11 (of 52)

000000: 3:03:52

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00000: 4(of 8)

Senioren M35 (35-39 Jahre)

0000000: 3:03:52

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	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Ifta	11.70	1:02:18	5:19	4	10:51	11	10:51	11.70	1:02:18	5:19	4	10:51	11	10:51
Buchenau	11.80	1:00:32	5:07	4	10:06	11	10:06	23.50	2:02:50	5:13	4	20:57	10	20:57
Frankenroda	9.40	50:45	5:23	4	10:02	12	10:02	32.90	2:53:35	5:16	4	30:59	10	30:59
Treffurt	9.30	52:52	5:41	5	11:36	19	11:36	42.20	3:46:27	5:21	4	42:35	11	42:35