



4. Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

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Geyer, Corina

□□: Sportfreunde Döllstädt

□□: 614

□□: 42.20 km

Marathon

□□□□:

Seniorinnen W40 (40-44 Jahre)

□□□: 3:49:42

□□: 10.97 km/h

□□□□: 5:26 min/km

□□□□□/□□□: 19 (of 63)

□□□□□/□: 4 (of 11)

□□□□□□: 3:18:09

□□□□□: 2 (of 4)

□□□□□□□: 3:21:48

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Ifta	11.70	1:04:55	5:32	2	8:48	4	9:04	11.70	1:04:55	5:32	2	8:48	4	9:04	
Buchenau	11.80	1:02:08	5:15	2	8:04	3	8:04	23.50	2:07:03	5:24	2	16:52	4	16:52	
Frankenroda	9.40	50:35	5:22	2	4:54	3	5:42	32.90	2:57:38	5:23	2	21:46	4	21:46	
Treffurt	9.30	52:04	5:35	2	6:08	3	10:06	42.20	3:49:42	5:26	2	27:54	4	31:33	