



4. Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

0000

Kemter, Thomas

00: SV Motor Königsee

00: 625

00: 42.20 km

Marathon

0000:

Senioren M40 (40-44 Jahre)

000: 4:01:45

00: 10.42 km/h

0000: 5:44 min/km

00000/000: 26 (of 63)

00000/0: 22 (of 52)

000000: 3:03:52

00000: 3(of 8)

0000000: 3:39:37

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Ifta	11.70	1:08:43	5:52	6	5:28	31	17:16	11.70	1:08:43	5:52	6	5:28	31	17:16
Buchenau	11.80	1:06:53	5:40	3	6:22	22	16:27	23.50	2:15:36	5:46	4	11:50	25	33:43
Frankenroda	9.40	53:25	5:40	3	6:14	21	12:42	32.90	3:09:01	5:44	4	17:21	24	46:25
Treffurt	9.30	52:44	5:40	3	8:05	18	11:28	42.20	4:01:45	5:43	3	22:08	22	57:53