



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

0000

Becker, Patrick

000: 4:27:14

00: Hamburg

00: 9.47 km/h

00: 605

0000: 6:20 min/km

00: 42.20 km

00000/000: 42 (of 63)

Marathon

00000/0: 35 (of 52)

000000: 3:03:52

0000:

00000: 6(of 6)

Senioren M45 (45-49 Jahre)

0000000: 3:32:08

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
lfta	11.70	1:14:21	6:21	6	15:56	40	22:54	11.70	1:14:21	6:21	6	15:56	40	22:54
Buchenau	11.80	1:13:57	6:16	6	16:01	38	23:31	23.50	2:28:18	6:18	6	31:57	38	46:25
Frankenroda	9.40	1:01:49	6:34	6	14:50	35	21:06	32.90	3:30:07	6:23	6	46:47	36	1:07:31
Treffurt	9.30	57:07	6:08	5	8:30	29	15:51	42.20	4:27:14	6:19	6	55:06	35	1:23:22