



4.Werratalmarathon, Halbmarathon, Staffel

Treffurt / 02.04.2023

0000

Becker, Claudia

000: 4:27:14

00: Hamburg

00: 9.43 km/h

00: 604

0000: 6:20 min/km

00: 42.20 km

00000/000: 43 (of 63)

Marathon

00000/0: 8 (of 11)

000000: 3:18:09

0000:

00000: 2(of 2)

Seniorinnen W45 (45-49 Jahre)

0000000: 3:47:44

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
lfta	11.70	1:14:52	6:23	2	12:29	9	19:01	11.70	1:14:52	6:23	2	12:29	9	19:01
Buchenau	11.80	1:13:25	6:13	2	11:13	9	19:21	23.50	2:28:17	6:18	2	23:42	9	38:06
Frankenroda	9.40	1:01:50	6:34	2	10:49	7	16:57	32.90	3:30:07	6:23	2	34:31	9	54:15
Treffurt	9.30	57:07	6:08	2	4:59	7	15:09	42.20	4:27:14	6:19	2	39:30	8	1:09:05