



53. Brockenlauf
Ilseburg / 07.09.2024

0000

Ivonne Engler

000: 2:15:07

00: 740

00: 4.44 km/h

0000: 13:22 min/km

00: 10.10 km

00000/000: 34 (of 57)

10,1 km - Wanderung

00000/0: 19 (of 32)

000000: 1:23:44

0000:

00000: 19(of 32)

Frauen K

0000000: 1:23:44

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Ilsestein	4.10	55:16	13:28	20	19:18	20	19:18	4.10	55:16	13:28	20	19:18	20	19:18
000	0.90	12:22	13:44	16	3:30	16	3:30	5.00	1:07:38	13:31	19	22:48	19	22:48
Ilsestein	1.00	16:07	16:07	17	7:30	17	7:30	6.00	1:23:45	13:57	19	30:18	19	30:18
Ilseburg/Markt	4.10	51:22	12:31	26	21:05	26	21:05	10.10	2:15:07	13:22	19	51:23	19	51:23