



53. Brockenlauf
Ilseburg / 07.09.2024

0000

Zoe Engler

00: 741

00: 10.10 km

10,1 km - Wanderung

0000:

Frauen K

000: 2:15:07

00: 4.44 km/h

0000: 13:22 min/km

00000/000: 33 (of 57)

00000/0: 19 (of 32)

000000: 1:23:44

00000: 19(of 32)

0000000: 1:23:44

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Ilsestein	4.10	55:14	13:28	19	19:16	19	19:16	4.10	55:14	13:28	19	19:16	19	19:16
000	0.90	12:48	14:13	18	3:56	18	3:56	5.00	1:08:02	13:36	20	23:12	20	23:12
Ilsestein	1.00	15:55	15:54	16	7:18	16	7:18	6.00	1:23:57	13:59	20	30:30	20	30:30
Ilseburg/Markt	4.10	51:10	12:28	25	20:53	25	20:53	10.10	2:15:07	13:22	19	51:23	19	51:23