

Senioren M60 (60-64)

□: 8.22 km/h
□: 131

□. 131 □□□□: 7:17 min/km

☐: 2.00 km/☐ ☐: 5 (10 km)

Hauptlauf

□□□□/□: 66 (of 68)

\_\_\_\_: \_\_\_\_\_: \_\_\_\_\_\_\_2(of 2)

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	km		min/km	-	-			km		min/km	-	-			
<u> </u>	2.00	13:03	6:31	1	-	65	6:27	2.00	13:03	6:31	1	-	65	6:27	
□□ 2	2.00	14:06	7:02	1	-	66	7:23	4.00	27:09	6:47	1	-	65	13:50	
□□ 3	2.00	15:07	7:33	2	0:04	67	8:24	6.00	42:16	7:02	1	-	66	22:14	
□□ 4	2.00	15:10	7:34	2	0:30	66	8:22	8.00	57:26	7:10	1	-	65	30:35	
ПП 5	2.00	15:33	7:46	2	1:53	66	8:55	10.00	1:12:59	7:17	2	0:09	66	39:30	