



19. Lorsch Triathlon

Lorsch / 18.08.2024

0000

Jonas Döpp

000: 1:16:32

00: 53

00: 25.50 km

Lorsch Triathlon

00000/000: 134 (of 354)

00000/0: 118 (of 254)

000000: 58:26

0000:

männliche Jugend A (TM 16/17)

00000: 3(of 6)

0000000: 1:00:15

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	9:16	18:32	3	2:11	36	2:29	0.50	9:16	18:32	7	2:11	36	2:29
Wechsel S -> R	-	2:03	-	3	0:47	42	2:03	0.50	11:19	22:37	7	2:58	32	3:11
Schwimmen 000	0.50	11:19	22:37	7	2:58	32	3:11	0.50	11:19	22:37	7	2:58	32	3:11
Rad netto	20.00	40:48	2:02	3	7:34	193	15:03	20.50	52:07	2:32	7	10:32	122	13:10
Wechsel R -> L	-	0:58	-	4	0:25	76	0:26	20.50	53:05	2:35	7	10:57	119	13:16
Rad 000	20.00	41:46	2:05	3	7:59	189	15:03	20.50	53:05	2:35	7	10:57	119	13:16
Lauf Ziel	5.00	23:27	4:41	4	5:44	110	6:40	25.50	1:16:32	3:00	3	16:17	118	18:06