



19. Lorsch Triathlon

Lorsch / 18.08.2024

0000

Robin Mannix

000: 1:10:52

00: 244

00: 25.50 km

Lorsch Triathlon

00000/000: 52 (of 354)

00000/0: 48 (of 254)

000000: 58:26

0000:

männliche AK 2 (TM 25)

00000: 4(of 30)

0000000: 1:07:29

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	13:01	26:02	27	4:03	202	6:14	0.50	13:01	26:02	31	4:03	255	6:14
Wechsel S -> R	-	4:15	-	26	2:51	227	4:15	0.50	17:16	34:31	28	6:01	255	9:08
Schwimmen 000	0.50	17:16	34:31	28	6:01	255	9:08	0.50	17:16	34:31	28	6:01	255	9:08
Rad netto	20.00	25:45	1:17	1	-	1	-	20.50	43:01	2:05	1	-	255	4:04
Wechsel R -> L	-	0:58	-	11	0:26	76	0:26	20.50	43:59	2:08	1	-	255	4:10
Rad 000	20.00	26:43	1:20	1	-	1	-	20.50	43:59	2:08	1	-	255	4:10
Lauf Ziel	5.00	26:53	5:22	23	7:07	189	10:06	25.50	1:10:52	2:46	4	3:23	48	12:26