



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

0000

Christian Eichhorn

000: 1:13:21

00: 306

00: 25.50 km

Lorsch Triathlon

00000/000: 84 (of 354)

00000/0: 75 (of 254)

000000: 58:26

0000:

Senioren 2 (TM 45)

00000: 8(of 25)

0000000: 1:03:22

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	9:42	19:23	7	1:25	52	2:55	0.50	9:42	19:23	26	1:25	255	2:55
Wechsel S -> R	-	1:56	-	6	0:26	35	1:56	0.50	11:38	23:15	26	1:13	255	3:30
Schwimmen 000	0.50	11:38	23:15	26	1:13	255	3:30	0.50	11:38	23:15	26	1:13	255	3:30
Rad netto	20.00	37:42	1:53	15	5:58	118	11:57	20.50	49:20	2:24	26	5:30	255	10:23
Wechsel R -> L	-	0:52	-	8	0:15	55	0:20	20.50	50:12	2:26	26	5:32	255	10:23
Rad 000	20.00	38:34	1:55	14	4:47	105	11:51	20.50	50:12	2:26	26	5:32	255	10:23
Lauf Ziel	5.00	23:09	4:37	11	4:31	100	6:22	25.50	1:13:21	2:52	8	9:59	75	14:55