



# 19. Lorsch Triathlon

Lorsch / 18.08.2024

0000

Michael Finn

000: 1:35:35

00: 318

00: 25.50 km

Lorsch Triathlon

00000/000: 324 (of 354)

00000/0: 236 (of 254)

000000: 58:26

0000:

Senioren 3 (TM 50)

00000: 25(of 27)

0000000: 1:05:05

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	0.50	16:28	32:55	27	8:14	248	9:41	0.50	16:28	32:55	27	8:14	255	9:41
Wechsel S -> R	-	4:10	-	25	2:37	220	4:10	0.50	20:38	41:15	27	10:43	255	12:30
Schwimmen 000	0.50	20:38	41:15	27	10:43	255	12:30	0.50	20:38	41:15	27	10:43	255	12:30
Rad netto	20.00	42:44	2:08	25	11:45	217	16:59	20.50	1:03:22	3:05	28	19:10	255	24:25
Wechsel R -> L	-	1:09	-	14	0:34	114	0:37	20.50	1:04:31	3:08	28	19:31	255	24:42
Rad 000	20.00	43:53	2:11	25	11:52	219	17:10	20.50	1:04:31	3:08	28	19:31	255	24:42
Lauf Ziel	5.00	31:04	6:12	27	12:24	233	14:17	25.50	1:35:35	3:44	25	30:30	236	37:09