



19. Lorsch Triathlon

Lorsch / 18.08.2024

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Philipp Pfeifer

000: 1:15:11

00: MathPhysInfo

00: 14

00: 25.50 km

Lorsch Triathlon

00000/000: 109 (of 354)

00000/0: 95 (of 254)

000000: 58:26

0000:

männliche AK 2 (TM 25)

00000: 11(of 30)

0000000: 1:07:29

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
Schwimmen nett	0.50	11:07	22:14	16	2:09	121	4:20	0.50	11:07	22:14	31	2:09	121	4:20
Wechsel S -> R	-	2:31	-	8	1:07	84	2:31	0.50	13:38	27:15	11	2:23	100	5:30
Schwimmen 000	0.50	13:38	27:15	11	2:23	100	5:30	0.50	13:38	27:15	11	2:23	100	5:30
Rad netto	20.00	36:25	1:49	8	10:40	73	10:40	20.50	50:03	2:26	31	7:02	85	11:06
Wechsel R -> L	-	1:29	-	26	0:57	179	0:57	20.50	51:32	2:30	31	7:33	87	11:43
Rad 000	20.00	37:54	1:53	9	11:11	84	11:11	20.50	51:32	2:30	31	7:33	87	11:43
Lauf Ziel	5.00	23:39	4:43	11	3:53	115	6:52	25.50	1:15:11	2:56	11	7:42	95	16:45