



19. Lorsch Triathlon

Lorsch / 18.08.2024

0000

Marion Petith

000: 1:24:06

00: 65

00: 25.50 km

Lorsch Triathlon

00000/000: 231 (of 354)

00000/0: 47 (of 100)

000000: 1:02:58

0000:

Seniorinnen 3 (TW 50)

00000: 6(of 9)

0000000: 1:15:57

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	13:11	26:22	8	2:30	83	6:09	0.50	13:11	26:22	8	2:30	101	6:09
Wechsel S -> R	-	3:00	-	5	0:27	52	1:29	0.50	16:11	32:22	6	2:40	72	6:48
Schwimmen 000	0.50	16:11	32:22	6	2:40	72	6:48	0.50	16:11	32:22	6	2:40	72	6:48
Rad netto	20.00	42:22	2:07	7	6:05	58	39:33	20.50	58:33	2:51	10	8:15	60	44:00
Wechsel R -> L	-	0:45	-	1	-	10	0:11	20.50	59:18	2:53	10	7:26	58	15:03
Rad 000	20.00	43:07	2:09	7	5:16	53	8:15	20.50	59:18	2:53	10	7:26	58	15:03
Lauf Ziel	5.00	24:48	4:57	2	1:57	27	9:18	25.50	1:24:06	3:17	6	8:09	47	21:08