



19. Lorsch Triathlon

Lorsch / 18.08.2024

0000

Jaqueline Brooks

000: 1:28:25

00: 59

00: 25.50 km

Lorsch Triathlon

00000/000: 282 (of 354)

00000/0: 66 (of 100)

000000: 1:02:58

0000:

Seniorinnen 4 (TW 55)

00000: 4(of 7)

0000000: 1:14:37

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	9:21	18:41	1	-	11	2:19	0.50	9:21	18:41	1	-	101	2:19
Wechsel S -> R	-	2:23	-	2	0:10	18	0:52	0.50	11:44	23:27	1	-	11	2:21
Schwimmen 000	0.50	11:44	23:27	1	-	11	2:21	0.50	11:44	23:27	1	-	11	2:21
Rad netto	20.00	2:49	0:08	1	-	1	-	20.50	14:33	0:42	1	-	1	-
Wechsel R -> L	-	50:08	-	7	49:01	100	49:34	20.50	1:04:41	3:09	8	12:33	82	20:26
Rad 000	20.00	52:57	2:38	7	12:56	98	18:05	20.50	1:04:41	3:09	8	12:33	82	20:26
Lauf Ziel	5.00	23:44	4:44	2	1:15	19	8:14	25.50	1:28:25	3:28	4	13:48	66	25:27